Multidisciplinary Approach to Treatment of Midline Diastema with Abnormal Frenal Attachment – A Case Report

Karthika Nair, Amitha Ramesh, Biju Thomas, Rahul Bhandary

Dr. Karthika Nair, PG, AB Shetty Memorial Institute of Dental Sciences, Deralakatte. Email id: <u>karthikanair2297@gmail.com</u>

Abstract

Recent years have seen a substantial growth in the acceptance of advanced therapies. Midline diastemas and spacing in patients are among the most typical complaints made to the department of Periodontology. The main concern with such circumstances is the substandard aesthetics that are associated with them. Despite the numerous restorative therapy strategies available to deal with these scenarios, their long-term efficiency is still in controversy. The root problem, as in this incidence, is aberrant frenal attachment. To establish a consistent treatment plan, it is crucial to eliminate the etiologic configuration. Localized gingival recession and midline diastema, both of which can impede dental hygiene techniques and eventually have had an aesthetic impact, are spurred on by an aberrant labial frenum. An anterior tooth was restored with direct composite restoration in the current case after a frenectomy was performed to alleviate the aberrant frenal attachment. This specific instance illustrates a successful frenectomy procedure that heals by primary intention at the region of thick, extensive aberrant frena.